

**Hayling Island Community First Responders**

Sunday 13th May 1100hrs and the Lifeboat Inn on the Sea front at Hayling was open for business, only very different form their normal trade as landlady Haley had thrown the doors open for anyone in the Eastoke area to have a practical training session on the use of the public access defibrillator which is situated on the outside wall of the Inn.

10 personnel from various business’s in the area including the Hayling Light railway, attended the awareness session run by the Hayling Community First Responders.(CFR).

Attendees were shown how to determine if a casualty was breathing, to place them in the recovery position and if not breathing to carry out CPR (Cardio Pulmonary Resuscitation).

[ see photo jpg’s attached to e-mail]

The final and most important aspect of the short course was to know how to obtain the public access defibrillator from the secure container on the exterior wall of the Inn by dialling 999 and obtaining the code.

Strengthening the community response to cardiac arrest by training and empowering more bystanders to perform CPR and by increasing the use of automated external defibrillators (AEDs) at least doubles the chances of survival and could save thousands of lives each year.

If any other groups on the Island would like a similar 1 hour free awareness session just contact any of the Hayling CFR’s or Hayling Responders [peterveronica178@gmail.com]

It is the donations the public kindly provide that have enabled the addition of public access defibrillators to be permanently positioned across the Island.

From all the responders we thank you all for your support over the years as without it we

could not operate and be there when you need us.

**Remember 999 for emergency calls and 111 for not so urgent medical help or advice.**

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Contact:

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17th May 2017

**Press release - immediate**